

TARGET #3: DISCIPLINED

Memorize the definition and verses for Disciplined:

“A sustained daily effort to be controlled and directed by the Holy Spirit”

I Timothy 4:7

“But refuse profane and old wives’ fables, and exercise thyself rather unto godliness.”

I Corinthians 9:25-27

And every man that striveth for the mastery is temperate in all things. Now they do it to obtain a corruptible crown; but we an incorruptible. I therefore, so run, not as uncertainly; so fight I, not as one that beateth the air: But I keep under my body, and bring it into subjection: lest that by any means, when I have preached to others, I myself should be a castaway.

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1. Control my **temper** (Proverbs 25:28; Ephesians 4:26-27)
 2. Control moral temptations (II Timothy 2:22; Romans 13:14; I Thessalonians 4:3-8).
 3. **Give**, spend, and save money (II Corinthians 9:7; Proverbs 3:9)
 4. Manage my time (Ephesians 5:16; Psalm 90:12)
 5. Regulate **eating** habits (Proverbs 23:1-2; Proverbs 23:21)
 6. Think logically (II Timothy 2:15; Hebrews 4:12)
 7. **Listen** effectively (James 1:19; Proverbs 15:31)